



ONLINE ORDER
CUT OFF 9AM

GF- GLUTEN FREE*
V- VEGAN
VG- VEGETARIAN
DFO- DAIRY FREE OPTION AV.

1ST BRK
(MAIN EATING TIME)
10:55AM

2ND BRK
(SNACK TIME)
1:05PM

07 5438 3728
TALARATUCKSHOP@
GMAIL.COM

HEALTHY CHOICES

| | |
|-----------------------------------|--------|
| BOILED EGG..... | \$1.20 |
| POPCORN (GF, V)..... | \$1.00 |
| PIECE OF FRESH FRUIT..... | \$1.50 |
| CHEESE AND CRACKERS (GF, VG)..... | \$1.50 |
| YOGHURT SQUEEZIE..... | \$2.00 |
| LOADED YOGHURT..... | \$3.50 |
| SEASONAL FRUIT SALAD..... | \$3.50 |
| ROASTED VEGGIE MUFFIN (VG)..... | \$3.50 |
| GRAZING BOX (GF, VG)..... | \$4.00 |
| GARDEN SALAD (GF)..... | \$7.00 |
| CAESAR SALAD..... | \$7.50 |
| MUNCH BOX..... | \$8.00 |

(INCLUDES HAM & CHEESE SANDWICH, COOKIE, CHEESE & CRACKERS, PLUS A POPPER)

SANDWICHES & WRAPS

SANDWICHES

SANDWICHES ARE MADE ON WHOLEMEAL BREAD
W NUTTELEX SPREAD

| | |
|------------------------|--------|
| VEGEMITE..... | \$3.00 |
| CHEESE..... | \$3.00 |
| HAM..... | \$3.00 |
| HAM+CHEESE..... | \$4.00 |
| HAM+CHEESE+TOMATO..... | \$4.50 |
| EGG, LET & MAYO..... | \$4.50 |

GF BREAD AVAILABLE FOR EXTRA 50C
TOASTED SANDWICHES EXTRA 20C

WRAPS

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|--------------------------------|--------|
| SALAD+CHEESE+MAYO (VG)..... | \$5.50 |
| HAM+CHEESE+SALAD+MAYO..... | \$6.50 |
| CHICKEN+CHEESE+SALAD+MAYO..... | \$6.50 |
| CRUMBED CHICKEN..... | \$4.50 |

EXTRAS

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|------------------------------------|--------|
| TOMATO/BBQ/MAYO SAUCE SQUEEZY..... | \$0.30 |
| SOY SAUCE..... | \$0.20 |
| DRINKING STRAW..... | \$0.00 |
| FORK OR SPOON..... | \$0.10 |

SUPPLIED FREE WITH NECESSARY ITEMS

STRAWS

NO STRAWS SUPPLIED EXCEPT FOR PLAIN
MILK, POPPERS & SLUSHIES

FOR EVERYTHING ELSE, WE DO NOT SUPPLY
STRAWS AUTOMATICALLY.

IF YOUR CHILD NEEDS A STRAW PLEASE ASK!



SPECIALS

EVERYDAY - MUNCH BOX

HAM & CHEESE SANDWICH, COOKIE, CHEESE &
CRACKERS, PLUS A POPPER.....\$8.00

TUESDAY (ASIAN)

DIM SIMS (2)\$3.50
KARAAGE CHICKEN RICE BOWL.....\$6.00

WEDNESDAY (MEXICAN)

MEXI BEEF NACHOS (GF).....\$4.50
VEGGIE NACHOS\$4.00

THURSDAY (ITALIAN)

MARGHERITA (VG).....\$5.00
DAIRY-FREE BBQ MEAT LOVERS.....\$5.50
PEPPERONI.....\$5.50
MEATBALL SUB.....\$5.00

HOT FOOD

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|---------------------------------|--------|
| UFO (VG)..... | \$1.50 |
| GARLIC BREAD (VG)..... | \$3.00 |
| HAM & CHEESE POCKET..... | \$2.50 |
| TRAVELLER MEAT PIE..... | \$4.50 |
| HOT DOG..... | \$4.50 |
| CHICKEN NUGGETS (6)..... | \$5.00 |
| CHICKEN TENDERS (2) (GF)..... | \$4.00 |
| SPAGHETTI & MEATBALLS..... | \$5.00 |
| HOME MADE SAUSAGE ROLLS(2)..... | \$4.50 |
| FRIED RICE (GF, V)..... | \$3.50 |
| CHICKEN BURGER..... | \$5.50 |
| CHEESE BURGER..... | \$5.50 |
| BUTTER CHICKEN (GF)..... | \$5.00 |
| HAM & CHEESE CROISSANT..... | \$5.00 |

CHIPS & TREATS

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|---------------------------------------|--------|
| SMARTY PANTS COOKIE..... | \$1.00 |
| CHOC CHIP COOKIE (GFO AVAILABLE)..... | \$1.00 |
| DAILY SLICE..... | \$1.00 |
| VARIOUS FLAVOURS DAILY | |
| JUMPYS (GF)..... | \$1.50 |
| S&V OR CHICKEN | |
| CUSTARD CUP (GF)..... | \$1.50 |
| RED ROCK DELI CHIPS..... | \$2.00 |
| SEA SALT OR HONEY SOY CHICKEN | |
| FRESH BAKED MUFFIN..... | \$3.00 |

DRINKS

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| PLAIN MILK..... | \$2.00 |
| BOTTLED WATER..... | \$2.00 |
| COCONUT WATER 500ML..... | \$4.00 |
| POPPERS..... | \$2.00 |
| APPLE, ORANGE, TROPICAL, APPLE BLACKCURRENT FLAVOURED MILK.....\$3.00 | |
| CHOCOLATE OR STRAWBERRY | |
| GLEE..... | \$3.00 |
| TROPICAL, SOUR WATERMELON, RASPBERRY | |
| EMMA & TOMS SMOOTHIES..... | \$4.00 |
| KARMARAMA (FOCUS) KICK STARTER (IMMUNITY) | |



COUNTER SALES

AVAILABLE OVER THE COUNTER ONLY
WITH CASH OR TUCKER BUCKS

PLEASE NOTE: PREPPIES CAN ONLY PURCHASE
OVER THE COUNTER IN TERM 4

IMPORTANT NOTES

TUCKSHOP REMINDERS

- ✓ ORDER DEADLINE: ALL LUNCH ORDERS MUST BE PLACED BY 9 AM.
- ⊘ LAST DAY OF TERM 4: THE TUCKSHOP IS CLOSED. CHECK THE P&C FACEBOOK PAGE FOR UPDATES.
- 🍴 CUTLERY: PROVIDED FREE WITH MEALS THAT REQUIRE IT. OTHERWISE, A 10C CHARGE APPLIES
- 🔄 SUBSTITUTIONS: IF AN ITEM IS UNAVAILABLE, A SUBSTITUTE MAY BE PROVIDED WITHOUT NOTICE.
- 📅 WRONG DAY ORDERS: ORDERS PLACED ON THE WRONG DAY WILL BE FULFILLED IF POSSIBLE.
- ⚠️ ALLERGY NOTICE: WE ARE NOT A NUT/GLUTEN-FREE ENVIRONMENT, BUT TAKE GREAT CARE IN FOOD PREPARATION.

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| YOGHURT FROGS..... | \$0.20 |
| YOGHURT FROGS (BAG) | \$1.00 |
| FRESH PIECE OF FRUIT..... | \$1.50 |
| JUMPY'S (GF)..... | \$1.50 |
| RED ROCK CHIPS..... | \$2.00 |
| COOKIES..... | \$1.00 |
| FROZEN YOGHURT..... | \$2.00 |
| FLAVOURED MILK..... | \$3.00 |
| EMMA & TOM'S JUICES..... | \$4.00 |
| WATER..... | \$2.00 |
| GLEE DRINK..... | \$3.00 |
| FROZEN JUICE CUP..... | \$1.00 |
| SOUR POPZ ICY POLE..... | \$2.00 |
| SLUSHIE (GF, DF)..... | \$2.50 |
| MADE FROM 99% APPLE JUICE | |
| AVAILABLE FLAVOURS: SOUR APPLE, GRAPE, WATERMELON, RASPBERRY, STRAWBERRY, LIME | |



Introducing Tucker Bucks!
Perfect for when you don't have spare change, but the kids want a treat from the Tucker Shack.
Tucker Bucks come in \$2.00 or \$2.50 tickets (great for a slushie) and can be used for snacks and treats \$2.50 or less.
Simply access Tucker Bucks through your Qkr! profile or app!

ONLINE ORDERING VIA QKR!

TUCKSHOP ORDERS ARE ONLY AVAILABLE ONLINE VIA QKR!. DOWNLOAD THE APP FROM THE APP STORE OR USE THE WEB VERSION ON YOUR COMPUTER. IT'S QUICK AND EASY!

COUNTER SALES / TUCKER BUCKS

CASH OR TUCKER BUCKS ONLY FOR COUNTER SNACKS (TUCKER BUCKS ARE TO BE ORDERED VIA QKR \$2.00 OR \$2.50)

BIRTHDAY TREATS

EASY, HASSLE FREE BIRTHDAY TREAT FOR THE WHOLE CLASS

DELIVERED TO YOUR CHILD'S CLASSROOM

COOKIES

\$25.00

ICED CUPCAKES

\$30.00

QUELCH ICE BLOCKS

\$15.00

LEMONADE SWING ICE BLOCKS

\$30.00



VOLUNTEERS & DONATIONS NEEDED



Our wonderful Tuckshop is proudly operated by the P&C Association with all profits reinvested back into the school to provide valuable resources for our kids!

Can you help? We would be so grateful for any support, whether it's volunteering your time or donating equipment or staple items.

For more information, please email talaratuckshop@gmail.com

Thank you for supporting our school community!



Talara Primary College
Parents and Citizens Association
Helping our kids to shine